

# Camosun College COVID-19 and Communicable Disease Prevention Guidelines

## Introduction

The college has developed these guidelines to support all employees in daily operations following the Provincial Health Officer's (PHO) orders with the support of the Ministry of Advanced Education and Skills Training, BCCDC and WorkSafeBC.

## Personal Daily Health Checks

Every employee, student, and visitor to Camosun campuses must self-assess for symptoms of COVID-19 and other communicable disease prior to attending Camosun campuses. Daily self-administered health checks are a personal responsibility.

Employees, students and campus visitors are not required to confirm that they have completed the health self-assessment prior to attending campus.

## Symptoms - When to get tested (Students/Employees)

If you feel sick, stay home and use the [BC Self-Assessment Tool](#) app, the BCCDC [testing requirements](#), or call 8-1-1 for guidance.

For COVID-19, the public health authorities and BCCDC state that most people don't need testing. Only a small group of people are prioritized for immediate testing such as health care workers and [people at high risk](#). Everyone else, not on the priority list, with mild [COVID-19 specific symptoms](#) or other illness is being asked to stay home until symptoms resolve.

If you have [symptoms of COVID-19](#) stay home, and away from others, until you feel well enough to return to your regular activities and you no longer have a fever.

## Self-monitoring

[Self-monitoring](#) is when you check yourself or your dependents for symptoms of COVID-19. BCCDC recommends that everyone self-monitors for symptoms of COVID-19 on daily basis.

There is no set time for self-monitoring, as it is important to always look out for symptoms of COVID-19.

If you've been advised to self-monitor or self-isolate follow the [BCCDC self-monitoring process](#) and self-isolation [length guide](#) or contact 8-1-1 for further directions.

***Employees and students should not participate in any activities (educational or otherwise) if they feel ill or are experiencing COVID-19 symptoms.***

## **Symptom Reporting**

It is important to remember that a person with symptoms does not mean they have communicable disease. Ailments, such as allergies or non-infectious disorders may present with similar symptoms. For this reason, it is important to stay calm and quietly speak with the symptomatic person to help determine if the observed symptoms are usual, new, or worsening.

**Employees** who have symptoms, test positive for COVID-19 or need to self-isolate should notify their workplace leader if their work schedule or attendance will be impacted by absence, as per regular practice for absence due to illness.

**Students** who have symptoms, test positive for COVID-19 or need to self-isolate should notify their instructor(s) to self-report if their class participation or attendance will be impacted, as per regular practice for absence due to illness.

## **Students on campus**

If a student begins to experience new or worsening symptoms of COVID-19, a common cold, or influenza while on campus then the student must immediately report this to the instructor, sanitize hands then go straight home and follow "**Symptoms - When to get tested**" instructions.

If an instructor or designate observes a student exhibiting symptoms then that student should be asked if the symptoms being displayed are new, unusual or worsening. If the student indicates the symptoms are not usual then the instructor must ask that student to immediately sanitize hands, put on a mask (if not already wearing one) then go straight home.

***If someone becomes threatening or abusive in response to a request to put on a mask or to leave a learning space due to new or worsening symptoms, please call for Security assistance at 250-370-3075 (or dial 3075 on a campus phone).***

## **Instructors or Designates on campus**

If the instructor or designate begins to experience new or worsening symptoms of COVID-19, a common cold, or influenza while on campus then they must sanitize their hands, put on a mask if not already wearing one, and contact their Dean (workplace leader), and a decision about cancelling the course/program/lab/exam, or an immediate replacement for the course/class/lab/exam will be made, then go straight home and follow "**Symptoms - When to get tested**" instructions.

***If someone requires immediate medical attention, call First Aid at 250-370-3075 or dial 3075 on a campus phone.***

## **COVID-19 rapid testing**

Self-administered rapid tests are available at most pharmacies free of charge.

### **Using rapid test procedure**

Use a rapid test at home to find out if you have COVID-19. Rapid tests are done by collecting a sample from each nostril, using a swab. The swab will only go a few centimetres inside your nose; it should not hurt. Use tests only as directed.

Follow the [BCCDC instructions](#) for the test device you are using:

- [Abbott Panbio](#)
- [Artron](#)
- [BD Veritor](#)
- [BTNX](#)

## **Masks**

Continue to wear a mask based on personal choice, and in consideration of others.

### **Mask fit and quality**

Masks should be three layer, kept clean or replaced regularly and cover the nose, mouth and chin at all times.

## **While on Campus Property**

Please observe the following protocols and communicate them to your students/visitors:

1. A face mask is recommended. Continue to wear a mask based on personal choice, and in consideration of others.

2. Anyone feeling ill or experiencing COVID-19 symptoms should not attend campus.
3. Hands should be washed or sanitized upon entering.
4. Respect designated Entrances and Exits, if present.
5. Please cough or sneeze into a tissue or your sleeve. When using a tissue, dispose of it immediately after use then sanitize hands.

### **Additional Instructions for Faculty**

1. If you have any questions regarding the Communicable Disease Prevention and COVID-19 guidelines or other relevant protocols at Camosun College, please raise them with your workplace leader or contact Occupational Health and Safety at [OHS@camosun.ca](mailto:OHS@camosun.ca).
2. Communicate the above Communicable Disease Prevention guidelines to your students and other relevant personnel.

**If you have any questions regarding protocols or safety measures, please contact [OHS@camosun.ca](mailto:OHS@camosun.ca)**

### **Learn information:**

Camosun: Latest [COVID-19 updates](#) from the college.

Camosun: Updated [COVID-19 FAQs](#) for college employees

BCCDC: Learn [what to do if you have symptoms or tested positive for COVID-19](#).

BCCDC: Public health [guidance for post-secondary institutions](#).

BCCDC: Links to finding more [information](#) about COVID-19.